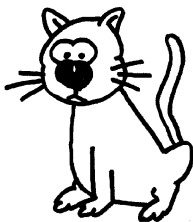




# placerville veterinary clinic

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## Vomiting and Diarrhea

### Vomiting

Vomiting is caused by inflammation of the stomach (gastritis), and often happens when dogs eat grass or spoiled food. Uncomplicated gastritis, where the dog is fairly alert and has little or no fever, is best treated without drugs. If vomiting continues for more than 24 hours or if at any time your dog acts depressed and unresponsive, please call.

#### Step 1

Allow no food or water until your dog has gone for at least six hours without vomiting. The digestive tract needs complete rest.

#### Step 2

Begin giving very small amounts of water at frequent intervals. If there is more vomiting, go back to stage 1 for another six hours. Do not be discouraged. The stomach often needs complete rest for twenty-four hours or more. Offer water every 15 minutes or so. Give a poodle sized dog one teaspoonful at a time, a German Shepherd about two tablespoonfuls. Over a period of several hours, gradually increase the amounts offered, until your dog's thirst is satisfied. After at least 24 hours, you may begin offering small amounts of food. Try not to worry that your dog is going without food for what seems a long time. Unless your dog is very young or very old, going even several days without food is perfectly safe. If you wish, offer clear liquids such as broth. A little Jell-O is ok.

#### Step 3

Begin offering small amounts of bland, easy to digest food. Give a poodle-sized dog about one half teaspoonful at a time. A large dog can have as much as a tablespoonful. Over a period of twenty four hours, gradually increase the amounts being fed until your dog's hunger is satisfied. Do not rush things. If vomiting occurs now you must start over from the beginning.

#### Step 4

The following day, begin mixing the bland diet half and half with your dog's normal food. Instead of one or two big feedings, divide your dog's normal amount of food into four or five small feedings.

#### **Bland diet for vomiting dogs**

Mix one and a half cups of cooked white rice with one half cup of cooked chicken or turkey meat (no grease, no skin). Boiled or baked potato may be substituted for the rice

#### **Diet for vomiting and diarrhea**

Mix one and a half cups of cooked white rice or potato with one half cup cottage cheese. Remove liquid from the cottage cheese by squeezing it between several layers of paper towels

### Diarrhea

Diarrhea is caused by inflammation of the intestine (enteritis). It may happen at the same time as vomiting, (gastroenteritis) or all by itself. As long as your dog is eating and alert, there is no cause for alarm. Unless your dog is vomiting, feed a normal amount of food (see recipe) divided into four or five small feedings throughout the day. Give Pepto Bismol every 4 to 6 hours - a poodle-sized dog gets one-half teaspoonful, a German Shepherd one tablespoonful.